




THE ADVENTURER

Mountain Valley's Community Access And Fitness Calendar February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Community Center Exercise 10:30 pm GSAC Art 1:15 pm	2 Special Olym Ski/snowboard Sunlight 9:30-3:00 pm	3 Friday Get Aways Snowshoe Coach Mari Morning CES MTG Carbondale 1:15-3 pm	4
5	6 Community Center Exercise 10:30 pm Monday Group Swim	7 Special Olympic Basketball Community Ctr 1:30—3:00 pm	8 Exercise 10:30 pm GSAC Art 1:15 pm Rifle Apt Sheriff's office With Marcie	9 Ski/snowboard Sunlight 9:30-3:00 pm Library Talk 10:15 am	10 Friday Get Aways Zumba 3rd Street Ctr 1:00 pm	11 Windwalker Fundraiser 3rd Street Ctr Carbondale 6 pm
12 Special Olympic Basketball Mesa State 9-3 pm 	13 Exercise 10:30 pm Monday Group Snow Walk	14 Valentine's Dance Hotel Denver 1:30-3:30 pm 	15 Exercise 10:30 pm GSAC Art 1:15 pm SES Mtg 1-3 pm	16 Ski/snowboard Sunlight 9:30-3:00 pm Wyly Art 10:15 am	17 GetAways Library Talk Carbondale Rifle Apt Visit With Linda	18
19	20 Presidents' Day Agency closed 	21 Yoga at Bikrams 1:45 pm	22 Exercise 10:30 pm GSAC Art 1:15 pm Rifle Apt With Marcie ExtendedTable 4:30 pm	23 BarryChapman Carbondale 10 am-noon	24 Special Olympics Ski/Snowboard Ski Cooper All day Good luck!	25
26 Old Timers GWS Elks Luncheon 11-2 pm Everyone Invited!! No charge	27 Exercise 10:30 pm Monday Group Swim	28 CARE Morning Yoga at Bikrams 1:45 pm	29 Exercise 10:30 pm GSAC Art 1:15 pm		Contact Information: Linda or Leslie the Community Access Team (CAT) 945-2306	